

# COMMUNITY GRAND ROUNDS: Upcoming Speakers

## Community Grand Rounds: Healing the Trauma of Racism:

Launched in 2018 and concluding in 2020, Community Grand Rounds (CGR) hosts local and nationally recognized speakers who discuss the issues of health equity and population health. Speakers address the health implications of racism as well as the emerging sciences of epigenetics and social genomics. The events are designed for professionals in medicine, allied health fields, and social work, as well as government leaders and community members.



### Advancing Health? It's about the mind, the body and the Community

Wednesday, July 17, 2019

6:30 p.m. (doors open at 6:00 p.m.)

Howard Performing Arts Center

4160 E. Campus Circle, Berrien Springs

Driven by a mission to provide high-quality, affordable health care services, hear from Bechara Choucair, MD, the organization's Chief Community Health Officer, on how Kaiser Permanente is working to improve conditions for health and equity by building communities that have stable affordable housing, meaningful work that pays a living wage, successful schools, clean air and water, nourishing foods in neighborhood stores, safe places to exercise and play.

**Bechara Choucair, MD**  
Chief Community Health Officer  
Kaiser Foundation Health Plan, Inc  
and Hospitals

### Leveling the Playing Field: Interrupting Patterns of Power and Privilege

Thursday, October 3, 2019

Using historical and media images, Debby examines how she used her belief systems to interpret the world around her.

Socialized on a narrow worldview, Debby explores how she spent decades silently reaffirming harmful, archaic racial patterns instead of questioning the racial disparities and tensions she could see and feel. Participants will think together about how various groups have and have not had access to rights, representation, and respect, ultimately revealing the social positioning. We will explore U.S. institutional history, media messaging, and cultural habits that have led to where we are today. With raised awareness, we'll develop new skills and habits for sustainable, effective personal and institutional transformation.



**Debby Irving**  
Racial Justice and Educator  
Author: *Waking Up White*

### Arline T. Geronimus, Sc.D.

Professor, Department of Health Behavior and Health Education  
School of Public Health, University of Michigan (UMSPH)

&

Research Professor, Population Studies Center (PSC)  
Institute for Social Research, University of Michigan



Tuesday, October 22, 2019

Dr. Geronimus originated an analytic framework, "weathering" that posits that the health of African Americans is subject to early deterioration as a consequence of social exclusion. Dr. Geronimus' research interests include understanding the social and biological mechanisms that mediate racial disparities in health including: the effects of poverty, institutionalized discrimination, and residential areas; and strategies used by marginalized communities to mitigate the harmful health effects of poverty and structural racism. Dr. Geronimus has worked with the U.S. Civil Rights Commission, the Federal Reserve Bank of New York, and the Aspen Institute's Roundtable on Comprehensive Community Initiatives to revitalize American cities.

An elected member of the Institute of Medicine of the National Academies of Science, Dr. Geronimus received her undergraduate degree in Political Theory from Princeton University, her doctorate in Behavioral Sciences from the Harvard School of Public Health and completed post-doctoral training at Harvard Medical School.

For more information and Community Grand Rounds updates, please visit

[www.lakelandhealth.org/CGR](http://www.lakelandhealth.org/CGR)



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Presented by Lakeland Health in partnership with the Michael and Lynn Todman Foundation.

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