



HEALING THE TRAUMA OF RACISM

COMMUNITY GRAND ROUNDS RESOURCES

Articles/Briefs/Commentary: we know you are busy, so we've checked some of our favorites

COVID-19

- [It's Not Obesity. It's Slavery. We know why COVID-19 is killing so many black people.](#)
NY Times (May 2020)
- [A wider lens on the impact of COVID-19:](#)
Interview with Dr. David Williams. everychildthrives.com(April 2020) *CGR speaker, September 2018*
- [Stress was already killing black Americans](#) — COVID-19 is making it worse.
Opinion piece by Dr. David Williams. Washington Post (April 2020) *CGR speaker, September 2018*
- [COVID-19 Puts Structural Racism on Full Display](#)
Will we finally do something to correct it? Next City (May 2020)

Structural Racism and the Health of African Americans

- [Police killings and their spillover effects on the mental health of black Americans:](#)
A population-based, quasi-experimental study. The Lancet (June 2018)
- [Racist Like Me](#) — A Call to Self-Reflection and Action for White Physicians.
Deborah Cohan, M.D., M.P.H. N Engl J Med 2019; 380: 805-807 (February 2019)
- [Structural Racism — A 60-Year-Old Black Woman with Breast Cancer.](#)
Pallok, et al. N Engl J Med 2019; 380:1489-1493 DOI: 10.1056/NEJMp1811499 (April 2019)

Statements by Professional Associations

- [What does the life – and death – of George Floyd, Breonna Taylor and Ahmaud Arbery mean for the health of Blacks in America?](#)
American Heart Association (May 2020)
- [Joint Statement of the Association of Black Cardiologists](#)
The American College of Cardiology, and the American Heart Association (May 2020)

Racism as a Public Health Crisis

- [Pennsylvania County Declares Racism a Public Health Crisis.](#)
Black Enterprise (May 2020)
- [Milwaukee County Declares Racism a Public Health Crisis Equal Justice Initiative](#)
eji.org (June 2019)

Podcasts

- [Pod Save the People with Deray](#).
A Focus on Activism, Social Justice, Culture and Politics.
- [1619](#)
An audio series on how slavery transformed American
- ["Seeing White"](#)
S2 E14 Scene on Radio

Books

- **The Death Gap – How Inequality Kills**
David Ansell, MD (2017) *CGR speaker, September 2018*
- **Caste – The Origins of our Discontents**
Isabel Wilkerson's (2020)
- **Medical Apartheid – The Dark History of Medical Experimentation on Black Americans From Colonial Times**
Harriet Washington (2006) *CGR speaker, September 2020*
- **Waking up White**
Debby Irving (2014) *CGR speaker, September 2019*
- **Know Your Price: Valuing Black Lives and Property in America's Black Cities**
Andre Perry (2020)
- **The Half Has Never Been Told: Slavery and the Making of American Capitalism**
Edward E. Baptist (2014)
- **The New Jim Crow**
Michell Alexander (2012)

Films

- **13th** (2016) (Documentary) In this thought-provoking documentary, scholars, activists and politicians analyze the criminalization of African Americans and the U.S. prison boom.
- **When They See Us** (2019) (Documentary) Five teens from Harlem become trapped in a nightmare when they're falsely accused of a brutal attack in Central Park. Based on the true story.
- **Just Mercy** (2019) Tells the true story of Walter McMillian, who, with the help of young defense attorney Bryan Stevenson, appeals his murder conviction. The film is based on the memoir of the same name, written by Stevenson.

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